

Advanced Counseling Skills and Methods/DAAC 2311

Syllabus

Subject Description: This course will educate students on advanced counseling skills and methods and the five major theories of personality development, and the method of therapy created by each. Students will be exposed to at least three methods of counseling from each of these major schools. Students will also learn issues regarding the seriously depressed and/or suicidal client, the 11 phases of relapse -- particularly Gorski's Counselor burn-out vs. counselor resilience. This course will also cover issues related to counseling and the criminal justice system: therapeutic treatment communities, TAIP program, and "safe p" programs. Students will learn the five major theories of personality development, and the method of therapy created by each.

Subject Hours: 55 contact hours (47 hours of synchronous learning, 8 hours of asynchronous learning)

Performance Objectives: Students will learn the five major theories of personality development, and the method of therapy created by each. These are:

- Psychoanalytic
- Behavioral
- Humanistic
- Cognitive
- Transpersonal approaches

Prerequisites: DAAC 1311

Required Textbooks:

- IAE Training Course I Text and Workbook. Editor: Dr. Rhonda G. Patrick, PhD, LCSW-S, MPA
- *TAP 21: Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice, Technical Assistance Protocol (TAP) Series*, (2015), Author(s): Substance Abuse and Mental Health Administration (SAMHSA), U.S. Department of Health and Human Services, Publisher: Substance Abuse and Mental Health Administration (SAMHSA), U.S. Department of Health and Human Services
- *Substance Use Counseling: Theory and Practice*. Author: Stevens Patricia, Smith Robert L. Publisher: Pearson

Instructional Methods:

- Lecture
- Role Play
- Presentations

Maximum Student: Instructor Ratio: 10:1

Materials and Media References: None

Content Outline:

- Part 1 Overview of advanced counseling theory
- Part 2 Relapse Prevention Principles
- Part 3 Harm Reduction Theory
- Part 4 Model Programs
- Part 5 Exam/Essay

Basis of Grades:	Practice Scripts	25 percent
	Role Play	25 percent
	Test	25 percent
	Self-Reflection Assignment	25 percent