

Basics of Addiction Counseling and the Physiology of Addiction/DAAC 1301

Syllabus

Subject Description: This course will provide students with a general overview of the major theories and techniques used for addiction counseling and prepare students for careers in the addiction counseling field. Students will be provided with the basic framework for understanding what substance abuse is and is not, and what substance abuse counseling is and is not. This course will offer exercises for students to develop their counseling skills and to prepare them to master the principles, theories, and skills introduced including but not limited to, 12-Step facilitation, cognitive-behavioral therapy, motivational interviewing, relapse prevention and integrated treatment.

Subject Hours: 55 contact hours (47 hours of synchronous learning, 8 hours of asynchronous learning)

Performance Objectives: Students will learn the various aspects of chemical addiction (both drugs and alcohol), including the process of addiction, and signs and symptoms of addictive behavior. Students will learn the specifics of commonly abused substances such as cocaine and its addictive properties, heroin, marijuana, prescription drugs and alcohol. Other drug dependencies will also be covered. Students will also learn about co-dependency and multiple addictions. Students will also learn the approach of the 12-Step facilitation of substance abuse recovery and associated program (Alcoholics Anonymous, Narcotics Anonymous, AL-ANON, Gamblers' Anonymous), and the role of spirituality in it.

Prerequisites: None

Required Textbooks:

- IAE Training Course I Text and Workbook. Editor: Dr. Rhonda G. Patrick, PhD, LCSW-S, MPA
- *Drugs, Society, and Human Behavior* 16th edition. Authors: Carl Hart, Charles Ksir, Publisher: McGraw-Hill Education
- *The ASAM Principles of Addiction 5th Edition*. Editors: Richard K. Ries, David A. Fiellin; Shannon C. Miller; Richard Saitz. Publisher: Wolters Kluwer.

Instructional Methods:

- Lecture
- Role Play
- Community Activity
- Presentations

Maximum Student: Instructor Ratio: 10:1

Materials and Media References: None

Content Outline:

- Part 1 History and substances
- Part 2 Theories- Disease Concepts
- Part 3 Theories-12 step facilitation
- Part 4 Exam/Essay

Basis of Grades:	Presentation	25 percent
	Report	25 percent
	Test	25 percent
	Self-Reflection Assignment	15 percent
	12-Step Meeting Attendance	10 percent